

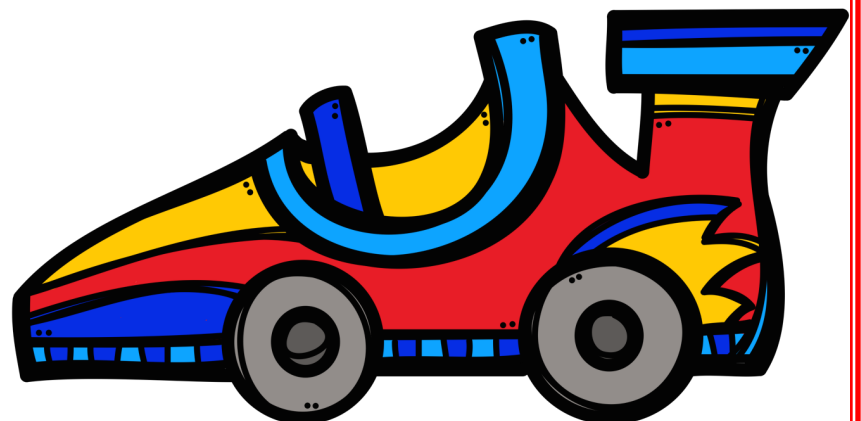
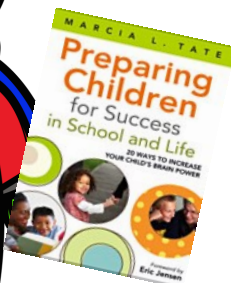


**PRESENTS**

**ALL ROADS  
TO SUCCESS START  
WITH US!**

*Featuring Keynote Speaker:*

**DR. MARCIA TATE**



Also Sponsored by:  
Arkansas Division of Child Care and Early Childhood Education,  
UACCB and WRPDD Child Care Programs



# **18TH ANNUAL FALL CHILD CARE CONFERENCE** **ALL ROADS TO SUCCESS START WITH US**

## **EXHIBITORS**

- Arkansas Early Childhood Association (AECA)
- Arkansas Educational Television Network (AETN)
- Arovella Publications
- Better Beginnings
- doTerra Essential Oils
- Gail's Gifts
- It Works Global
- Jamberry Nails
- Memories Made
- Rodan + Fields Dermatologists
- Scentsy
- Special Olympics Arkansas
- Traveling Arkansas' Professional Pathways (TAPP) Registry
- Thirty-One Gifts
- University of Arkansas Community College at Batesville
- Usborne Books and More
- Younique



## **DOOR PRIZES AND CONTRIBUTORS**

*Siloe*

*Impulse Clothing Store*

*Heritage House Gifts*

*Carlee's Hallmark*

*Deni's Inspirations*

*Small & Hip Children's Boutique*

*Bellabird Boutique*

*Usborne Books & More*

*AETN*

*Special Olympics Arkansas*

*Gail Davis,  
Gail's Gifts*

*Ashlyn Hoggard,  
Younique*

*Charlee Conyers & Paige Hubbard,  
doTerra Essential Oils*

*Lisa Powell,  
Rodan + Fields Dermatologists*

*Kroger of Batesville*

*Harps of Southside*

*Amy Pinkston, Independent Director  
Thirty-One Gifts*

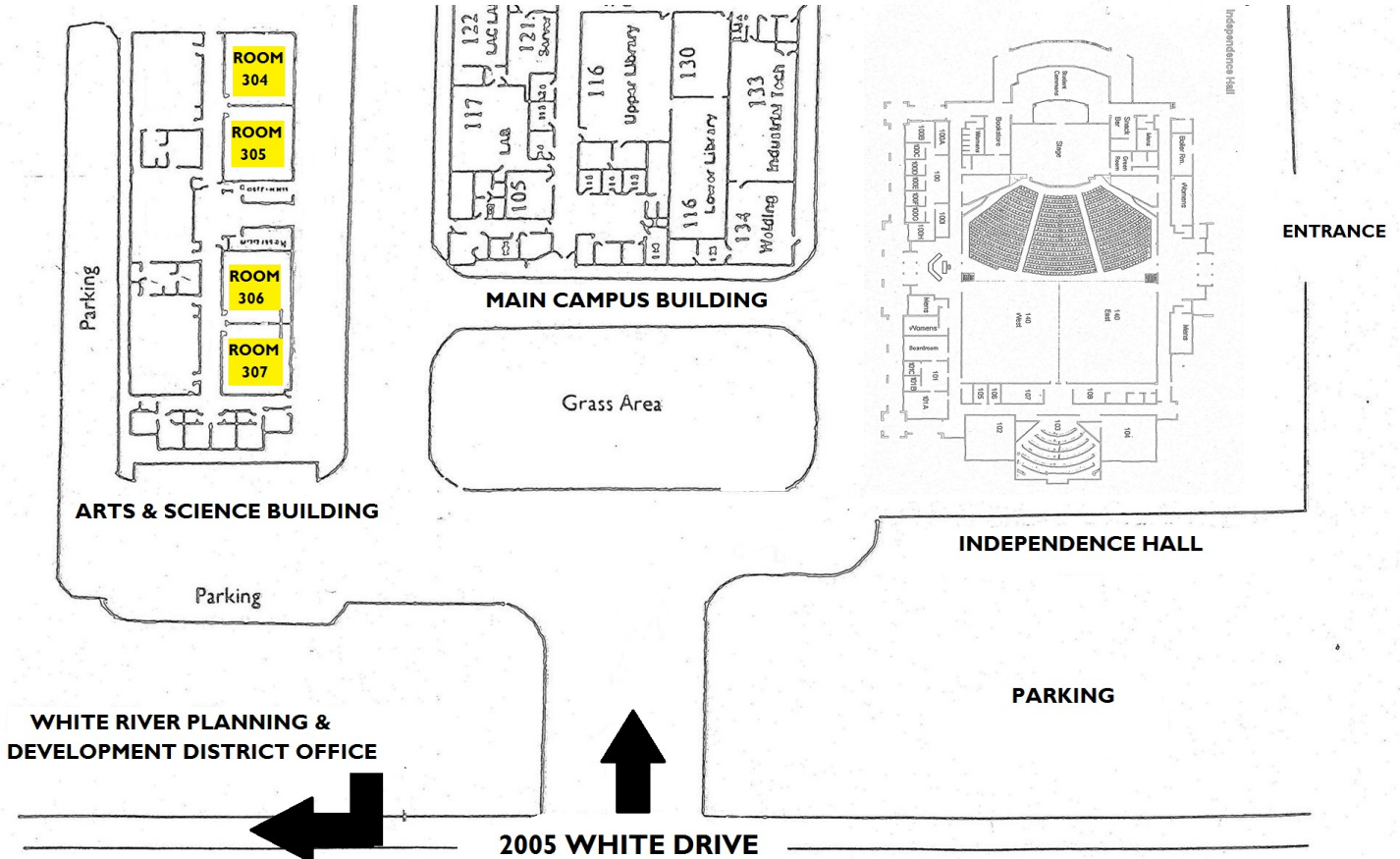
*Melissa Long,  
Jamberry Nails*

*Brioney Edwards,  
Scentsy*

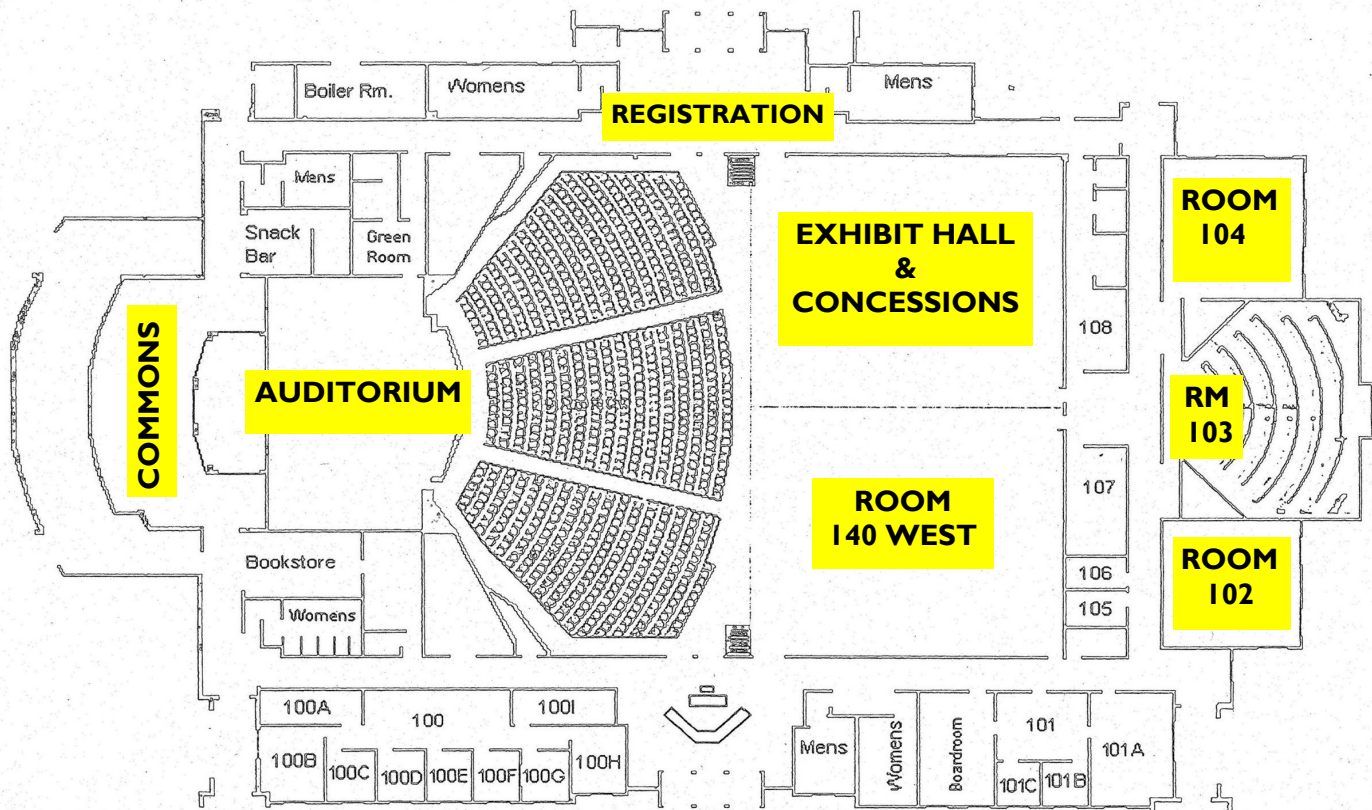
*Jessica Karns,  
It Works Global*

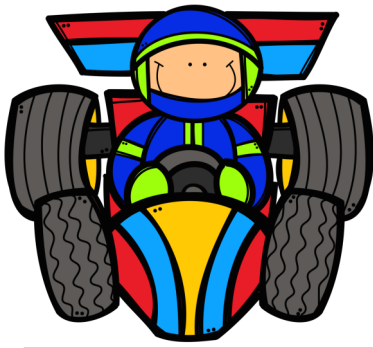
*Child Care Aware of  
Northcentral Arkansas*

# UNIVERSITY OF ARKANSAS COMMUNITY COLLEGE AT BATESVILLE

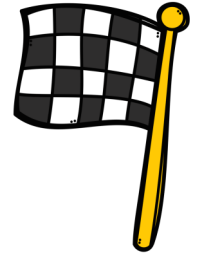


## LAYOUT OF ROOMS IN INDEPENDENCE HALL





# ALL ROADS TO SUCCESS START WITH US!



Program Guide:

Schedule of Events .....Page 4  
 Learning Tracks.....Page 5  
 Break Out Session One.....Page 6  
 Break Out Session Two.....Page 7  
 Break Out Session Three.....Page 9  
 Break Out Session Four .....Page 10  
 Session Attendance Record.....Page 12

## Schedule of the Day

- 8:00 - 8:45 **Driver Registration - Register and pick up conference packet**  
*East Lobby, Independence Hall*
- 8:45– 9:00 **Welcome and Announcements**  
 Welcome & Opening Remarks - Debbie Webb, Child Care Aware of Northcentral Arkansas  
*Auditorium, Independence Hall*
- 9:00 - 9:55 **Opening Keynote - Dr. Marcia L. Tate**  
*Auditorium, Independence Hall*
- 9:55 - 10:15 **Exhibits, Break, and Refreshments**  
*140 East, Independence Hall*
- 10:15 - 11:10 **Session One - Break-Out**  
**Attend the session of your choice!** *See Program and Campus Map*
- 11:10 - 11:30 **Break, Exhibits, and Refreshments**  
*140 East, Independence Hall*
- 11:30 - 12:25 **Session Two - Break-Out**  
**Attend the session of your choice!** *See Program and Campus Map*
- 12:25 - 12:50 **Lunch Pick-Up and Take to Session Three**  
*140 East, Independence Hall*
- 12:50 - 1:45 **Session Three - Break Out**  
**Eat Lunch as you attend the session of your choice!** *See Program and Campus Map*
- 1:45 - 2:05 **Break, Exhibits, and Refreshments**  
*140 East, Independence Hall*
- 2:05 - 3:00 **Session Four - Break-Out**  
**Attend the session of your choice!** *See Program and Campus Map*
- \*Turn in your name badge, when returning to the Auditorium, for door prize drawing!**
- 3:10 - 3:15 **Closing Remarks, Door Prizes**  
*Auditorium, Independence Hall*
- 3:15 - 4:15 **Closing Keynote - Dr. Marcia L. Tate**  
*Auditorium, Independence Hall*



**JOIN US IN THE AUDITORIUM FOR**  
**WELCOME, ANNOUNCEMENTS AND OPENING KEYNOTE**  
**8:45 AM - 9:55 AM**

**Opening Keynote—Preparing Children for Success in Life:** A parent is a child’s first and best teacher. Although the job is more challenging than ever before, it is essential that it be done well. Experience techniques for raising children who are physically, mentally, spiritually and emotionally healthy. Learn to build relationships, create a brain-compatible home environment, and identify and instill developmental assets of healthy adolescents.

*Dr. Marcia L. Tate  
 Developing Minds, Inc.  
 Auditorium, Independence Hall*

**BREAK-OUT SESSION**  
**LEARNING TRACKS**

	<b>INFANT/ TODDLER</b>	<b>PRESCHOOL</b>	<b>SCHOOL-AGE</b>	<b>ADMINISTRATOR/ FAMILY CHILD CARE</b>
<b>Session 1:</b> 10:15- 11:10	<ul style="list-style-type: none"> <li>Lesson Planning &amp; Curriculum Resources for Infants</li> </ul>	<ul style="list-style-type: none"> <li>Creating a Loving, Organized Environment for Children</li> <li>Building Positive Relationships w/ Children</li> <li>Fun, Free &amp; Fabulous</li> </ul>	<ul style="list-style-type: none"> <li>Structure &amp; Clear Limits</li> <li>Healthy Living: Yoga for Kids</li> <li>Fun, Free &amp; Fabulous</li> </ul>	<ul style="list-style-type: none"> <li>Vacation? I Would Settle for a Day Off!</li> <li>New Child Care Licensing Regulations</li> </ul>
<b>Session 2:</b> 11:30- 12:25	<ul style="list-style-type: none"> <li>But They Chew on the Book</li> </ul>	<ul style="list-style-type: none"> <li>Wild About Learning</li> <li>Odd Duck, Spotting Atypical Behavior</li> <li>Road Map to Success</li> <li>Defeating Dyslexia Digitally</li> </ul>	<ul style="list-style-type: none"> <li>Homework Help</li> <li>Road Map to Success</li> <li>Defeating Dyslexia Digitally</li> </ul>	<ul style="list-style-type: none"> <li>Keeping Positive Attitudes: Professionalism</li> <li>Road Map to Success</li> </ul>
<b>Session 3:</b> 12:50- 1:45	<ul style="list-style-type: none"> <li>Let’s Explore Online Professional Development Resources</li> <li>So What About Brain Development?</li> <li>Understanding the Effects of Maternal Alcohol &amp; Drug Use on the Infant</li> </ul>	<ul style="list-style-type: none"> <li>Getting Ready for Kindergarten</li> <li>Developmentally Appropriate Physical Activity-Books &amp; Movement (Part 1)</li> <li>Let’s Turn &amp; Burn</li> <li>Training Young Adults</li> </ul>	<ul style="list-style-type: none"> <li>Active Learning</li> <li>Training Young Adults</li> </ul>	<ul style="list-style-type: none"> <li>So What About Brain Development?</li> <li>Training Young Adults</li> </ul>
<b>Session 4:</b> 2:05- 3:00	<ul style="list-style-type: none"> <li>Understanding Shaken Baby Syndrome</li> </ul>	<ul style="list-style-type: none"> <li>Preschool Lesson Plan S.O.S.</li> <li>Developmentally Appropriate Physical Activity-Books &amp; Movement (Part 2)</li> <li>Let’s Turn &amp; Burn <b>REPEAT</b></li> </ul>	<ul style="list-style-type: none"> <li>Ask, Listen, &amp; Encourage</li> <li>Training Young Adults <b>REPEAT</b></li> </ul>	<ul style="list-style-type: none"> <li>Tornadoes, Floods, &amp; Fires, Oh My!</li> <li>So What About Brain Development? <b>REPEAT</b></li> </ul>

**CAUTION:** The learning tracks identified above are simply “suggestions” of break-out sessions that would be beneficial to those working in each field. For example if you work primarily with Infants or Toddlers, you might be interested in the Infant/Toddler Learning Track. You are free to attend the session of your choice!

**BREAK-OUT SESSION ONE**  
**ATTEND THE SESSION OF YOUR CHOICE!**  
**10:15 AM - 11:10 AM**

**Creating a Loving, Organized Environment for Children:** Come join us as we organize and plan together! The goal for this session will be to inspire your creative juices and give you ideas for meaningful classroom organization, transitions, extending curriculum, and managing the atmosphere and flow of the day! We will suggest ideas that will help your students manage the classroom in a way that is conducive to LOVE and order. When a class works together to create a loving, organized environment a teacher's job is much easier!

*Carol Crockett  
Child Care Aware of Northcentral AR  
140W, Independence Hall*

**Traveling Down the Road to Healthy Eating:** Come learn the latest research about the relationship of healthy eating and brain development and cognitive functioning. Tips and techniques for helping young children develop healthy eating through activities and integrated learning. Trending topics including colorful plates, portion control, mealtimes and snack times as teaching opportunities, and more!

*Dr. Beth Wilson  
Harding College  
102, Independence Hall* *Better Beginnings Component*

**Building Positive Relationships with Children and Promoting Appropriate Behaviors:** A brief overview of how behaviors are learned through experience will be provided. Strategies for building positive relationships with children, using attention to increase appropriate behaviors and increasing the child's motivation will be discussed. Use of reinforcement to promote appropriate behaviors will be reviewed.

*Shana Bailey  
Northcentral Arkansas Educational Service Cooperative  
103, Independence Hall*

**Healthy Living—Yoga for Kids:** Yoga is a great way to engage children in physical activity, because it improves flexibility, balance, and strength all while being noncompetitive and inexpensive. The Healthy Living: Yoga for Kids program was developed in Arkansas, and the routines outlined in the curriculum provide simple exercises that can be performed almost anywhere, including the classroom.

*Julian Carpenter  
U of A Cooperative Extension Service  
104, Independence Hall* *Better Beginnings Component*

**Lesson Planning & Curriculum Resources for Infants (Birth to 18 months):** Receive information on how to develop lesson plans for infants, including blank plan sheets and completed samples, plus curriculum resources from the Division of Child Care and Early Childhood Education.

*Dot Brown, President and Terri Helms, Director  
Early Childhood Services, Inc. and Child Care Aware of West Central AR  
Commons, Independence Hall*

**Fun, Free, & Fabulous:** Learn how to obtain and use free materials to create fun, free and fabulous activities for your preschool classrooms. Participants will have an opportunity to share ideas and interact with each other. Handouts with ideas for free or very inexpensive activities will be given to people attending the workshop.

*Beverly Wright, Program Manager  
DCCECE—Better Beginnings Unit  
304, Arts & Science Building*

## **SESSION ONE CONTINUED:**

**New Child Care Licensing Regulations:** We will be discussing the new child care licensing regulations and the intent of the new regulations. Be sure to bring your questions!

*Paul Hankins & Susan Morrow  
DCCECE— Licensing Unit  
305, Arts & Science Building*

**Structure and Clear Limits in Out of School Time Programs:** How do you prevent chaos in a youth environment without stifling youth's positive energy? Youth need structure and clear limits in order to feel safe. This interactive workshop helps participants analyze the level of structure in their programs and practice identifying and maintaining clear limits.

*Sheila Hays  
ASU Childhood Services  
306, Arts & Science Building*

**Vacation? I Would Settle for a Day Off!** Would you love to have a day off and not worry about your center or family child care home? Do you wonder if anyone is listening to you, because the same problems are still occurring? Do you long for a day when you can leave and not worry? If so, join me in a discussion about what effective policies and procedures can do for you!

*Dana Mynatt  
ASU Childhood Services  
307, Arts & Science Building*

## **BREAK-OUT SESSION TWO**

**ATTEND THE SESSION OF YOUR CHOICE!**

**11:30 AM - 12:25 PM**

**Odd Duck, Spotting Atypical Behavior:** The key to spotting atypical behavior is knowing and understanding “typical”. With this knowledge, you can identify and help that child who, like the “odd duck”, struggles and strives to be like all the other “ducklings” in the class.

*Alicia McBryde, OTR/L  
McBryde Therapy OPS  
140 W, Independence Hall*

**But They Chew on the Book:** Helping parents of infants and toddlers understand that rich literacy and language experiences are crucial components to their child's development. Strategies will be shared that can help professionals engage families in this process.

*Crystal Whittington  
Harding University  
102, Independence Hall*

**Keeping Positive Attitudes—Professionalism:** This will be a motivational workshop to help you, as a professional, handle stressful situations with poise and feel good about your job while attaining the respect of others.

*Karyl Hartsfield  
ASU-Heber Springs  
103, Independence Hall*

**Wild About Learning:** Early Childhood Educators must instill the “eagerness” of learning in our children. This session will focus on the teacher demonstrating the “wildness” in student learning or education!

*Dee Cox  
Child Care Aware of Northwest AR  
104, Independence Hall*

## SESSION TWO CONTINUED:

**Spotlight on Resources for Curriculum and Professional Development:** Explore resources from the Division of Child Care and Early Childhood Education available at no cost to licensed child care providers. Resources include curriculum for infants, toddlers, and preschoolers, plus in-house professional development trainer guides.

*Dot Brown, President and Terri Helms, Director  
Early Childhood Services, Inc. and Child Care Aware of West Central AR  
Commons, Independence Hall*

**Road Map to Success:** Road Blocks, Detours, Flat Tires, Dead Batteries, Speeding Tickets, Reckless Driving, Oil Changes, and Large Car Payments can prevent you from being the most successful classroom or program in town. Join me for a fun workshop to map out your route to a successful future and hear the latest updates in Better Beginnings.

*Beverly Wright, Program Manager  
DCCECE—Better Beginnings Unit  
304, Arts & Science Building*

**Taking Care of Food Allergies in Child Care:** This workshop will highlight the basics of food allergies, laws relating to food allergies in child care, recognition and initial treatment of food allergies. During the workshop, participants will learn how to read a food label with emphasis on food allergy and how to use an EpiPen.

*Dr. Sowmya Patil  
Healthy Child Care Arkansas/UAMS  
305, Arts & Science Building*

*Better Beginnings Component*

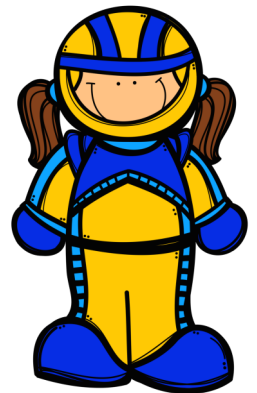
**Homework Help!:** Homework Help is an essential component of many youth programs, but too often it's time for youth to work quietly while the adults supervise. This interactive workshop introduces participants to the relationship ABC's (**A**sk and Listen, **B**e Involved, and **C**onnect) as well as the concept of "focus". These elements help participants reconsider Homework Help as another opportunity to build relationships and nurture positive growth, beyond getting the work done.

*Sheila Hays  
ASU Childhood Services  
306, Arts & Science Building*

**Defeating Dyslexia Digitally—Helping Children Read Online!:** This session will provide an overview to the overwhelming crisis of children who cannot read and how communities can work together to identify and treat dyslexia in children and help families affected by this diagnosis. Current research and specific strategies will be presented for working one on one with students who are struggling with reading. Ideas for more outreach services as well as examples of digital apps that have been used successfully will be provided.

*Dr. Tammy Benson  
University of Central Arkansas, College of Education  
307, Arts & Science Building*

**MARK YOUR CALENDARS FOR SEPTEMBER 24, 2016  
SO YOU WON'T MISS THE  
19TH ANNUAL FALL CHILD CARE CONFERENCE!**





**BREAK-OUT SESSION THREE**  
**ATTEND THE SESSION OF YOUR CHOICE!**  
**12:50 PM - 1:45 PM**

**Training Young Adults:** Come learn more about an inclusive sports play program designed around fun physical activity and health education. You will learn about curriculum and kits that are available to help assist you with the program as well as other ideas to promote physical activity and health education.

*Camie Powell*

*Special Olympics Arkansas  
140 W, Independence Hall*

*Better Beginnings Component*

**Let's Turn and Burn!:** Ignite your imagination engines! This interactive, hands-on session will use favorite preschool books and items found around the home to stretch a child's (or provider's) imagination.

*Lori Satterwhite, Program Coordinator*

*Southside HIPPY Program  
102, Independence Hall*

**So What About Brain Development?:** Because of the nature of brain development in the first 5 years of life, child care providers are crucial for the future success of each child in their care, and thus for our communities as a whole. Learn how early experiences and investment literally shape the brain and determine success or failure for years to come.

*Pam Toler*

*ASU Childhood Services  
103, Independence Hall*

**Getting Ready for Kindergarten:** Today, students entering kindergarten must exhibit appropriate readiness and developmental skills in order to be successful in kindergarten. This session will discuss the developmental social and academic skills recommended for the successful kindergarten student. Once a child falls behind in school, it is hard for them to get back on the right track.

*Dee Cox*

*Child Care Aware of Northwest AR  
104, Independence Hall*

**CACFP Nutrition Training:** This is required of Family Child Care Home providers that are participants of the CACFP program sponsored by White River Planning & Development who did not attend the spring 2015 training.

*Jill Dockins, USDA Food Sponsor  
White River Planning and Development  
Commons, Independence Hall*

**Part 1 of 2 (must attend both parts)**  
*CACFP Approved Training*

**Let's Explore Online Professional Development Resources for Staff Working with Infants/Toddlers:**

Learn approaches to evaluating the massive quantity of information available on the web, with a focus on sites supporting infant and toddler professionals.

*Joanna Grymes  
Arkansas State University  
304, Arts & Science Building*

## SESSION THREE CONTINUED:

**Developmentally Appropriate Physical Activity—Books & Movement:** Books and movement do not have to be separate activities. Learn how physical activity and literacy and language skills are connected and discover practical ways to use children's books to get your children moving all day long.

*Michelle Pounds*

*ASU Childhood Services*

*305, Arts & Science Building*

**Part 1 of 2** (must attend both parts to receive certificate)

*Better Beginnings Component*

**Active Learning for Out of School Time Programs:** Do you know the difference between active learning and just "hands-on" learning? Giving youth materials is just the beginning. This interactive workshop introduces strategies for incorporating active learning and helps participants create more powerful learning opportunities for youth.

*Sheila Hays*

*ASU Childhood Services*

*306, Arts & Science Building*

**Understanding the Effects of Maternal Alcohol and Drug Use on the Infant:** This workshop introduces participants to the RealCare Drug and Alcohol Affected Infants instructional tools. We will discuss the physical symptoms and non-visible problems created by the maternal intake of drugs and alcohol during pregnancy. Participants will understand the development and learning delays that are often associated with these children and the issues that carry over to adulthood.

*Cindy Schaefering, RN*

*Arkansas Department of Health*

*307, Arts & Science Building*

### BREAK-OUT SESSION FOUR

**ATTEND THE SESSION OF YOUR CHOICE!**

**2:05 PM - 3:00 PM**

**Training Young Adults:** Come learn more about an inclusive sports play program designed around fun physical activity and health education. You will learn about curriculum and kits that are available to help assist you with the program as well as other ideas to promote physical activity and health education.

*Camie Powell*

*Special Olympics Arkansas*

*140 W, Independence Hall*

**REPEAT SESSION**

*Better Beginnings Component*

**Let's Turn and Burn!:** Ignite your imagination engines! This interactive, hands-on session will use favorite preschool books and items found around the home to stretch a child's (or provider's) imagination.

*Lori Satterwhite*

*Southside HIPPY Program*

*102, Independence Hall*

**REPEAT SESSION**

**So What About Brain Development?:** Because of the nature of brain development in the first 5 years of life, child care providers are crucial for the future success of each child in their care, and thus for our communities as a whole. Learn how early experiences and investment literally shape the brain and determine success or failure for years to come.

*Pam Toler*

*ASU Childhood Services*

*103, Independence Hall*

**REPEAT SESSION**

**Preschool Lesson Plan S.O.S.:** Need help meeting the new licensing requirement of weekly activity plans? Join us as lesson plans come to life in this visual display of weekly lesson planning, as we move it from paper to reality!

*Dana Mynatt, Director and Staff*

*Helping Hand Childcare*

*104, Independence Hall*

## SESSION FOUR CONTINUED:

**CACFP Nutrition Training:** This is required of Family Child Care Home providers that are participants of the CACFP program sponsored by White River Planning & Development who did not attend the spring 2015 training.  
*Jill Dockins, USDA Food Sponsor*  
*White River Planning and Development*  
*Commons, Independence Hall*

**Part 2 of 2** (must attend both parts)  
CACFP Approved Training

**Tornadoes, Fires, and Floods, Oh My!:** How prepared are you for a disaster? This session will give a brief overview of what it truly means to be prepared, where the gaps are, and what resources are available to help you.

*Debbie Mize and Debbie Webb*  
*Child Care Aware of Northcentral AR*  
*304, Arts & Science Building*

**Developmentally Appropriate Physical Activity—Books & Movement:** Books and movement do not have to be separate activities. Learn how physical activity and literacy and language skills are connected and discover practical ways to use children's books to get your children moving all day long.

*Michelle Pounds*  
*ASU Childhood Services*  
*305, Arts & Science Building*

**Part 2 of 2** (must attend both parts to receive certificate)  
*Better Beginnings Component*

**Ask, Listen, and Encourage:** Do you communicate with youth in a way that makes them feel supported and heard? This workshop introduces communication techniques that help you build more supportive, youth-centered relationships. Participants learn how to ask effective questions, to listen actively to youth and offer youth encouragement rather than praise.

*Sheila Hays*  
*ASU Childhood Services*  
*306, Arts & Science Building*

**Understanding Shaken Baby Syndrome—A Preventable Tragedy:** This workshop introduces participants to the Reality Works Shaken Baby Syndrome Simulator, which increases awareness of the injuries involved in this form of abusive head trauma. The curriculum provides information about SBS along with discussions and activities that will educate about this devastating and preventable injury.

*Cindy Schaefering, RN*  
*Arkansas Department of Health*  
*307, Arts & Science Building*

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**CLIP OFF YOUR NAME BADGE AND TURN IT IN WHEN RETURNING TO THE AUDITORIUM FOR DOOR PRIZE DRAWING!**



**JOIN US IN THE AUDITORIUM FOR  
CLOSING REMARKS, DOOR PRIZES AND CLOSING KEYNOTE  
3:10 PM - 4:15 PM**

**Closing Keynote—Preparing Children for Success in School:** Whether working with children at home or school, there are 20 strategies for teaching the human brain. They will help students score high on tests and still remember the information long after the tests are over. Experience these brain-compatible strategies in an action packed, fun-filled workshop.

*Dr. Marcia L. Tate*  
*Developing Minds, Inc.*  
*Auditorium, Independence Hall*



- ⇒ Turn in your TAPP Attendance Cards complete with your TAPP# to receive TAPP credit for today's conference.
- ⇒ Turn in your Conference Evaluations as you leave.
- ⇒ If you need Continuing Education Units (CEUs), you must complete the form located in your folder.  
*(TYPICALLY JUST NEEDED FOR PROVIDERS WHO HAVE THEIR CDA)*



**ATTENTION**



**All forms should be placed in the boxes on the Registration Table in the East Foyer of Independence Hall as you EXIT!**

**18TH ANNUAL FALL CHILD CARE CONFERENCE**  
***ALL ROADS TO SUCCESS START WITH US!***  
**September 26, 2015 • UACCB**

Name \_\_\_\_\_

*This is Your Training Certificate and Documentation for Training Hours*

OPENING KEYNOTE WORD

SESSION #1 WORD

**Write Session Words in Each Box**

SESSION #2 WORD

SESSION #3 WORD

One Hour Credit per Session

SESSION #4 WORD

CLOSING KEYNOTE WORD